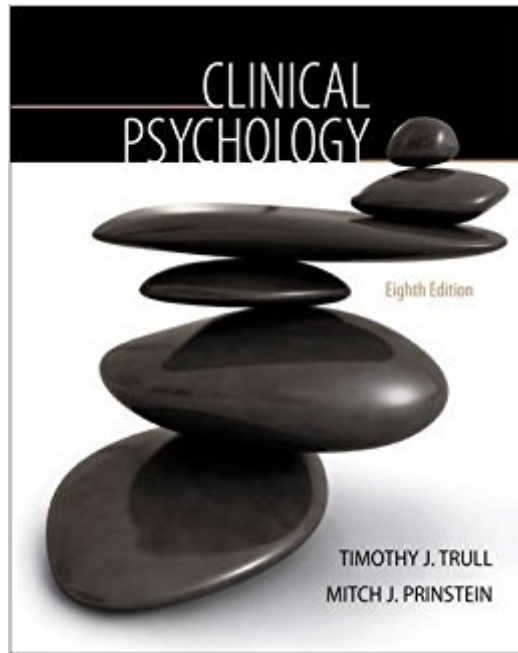




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# Clinical Psychology (PSY 334 Introduction To Clinical Psychology)



## Synopsis

In language your students will understand and enjoy reading, Timothy Trull's CLINICAL PSYCHOLOGY offers a concrete and well-rounded introduction to clinical psychology. A highly respected clinician and researcher, Dr. Trull examines the rigorous research training that clinicians receive, along with the empirically supported assessment methods and interventions that clinical psychologists must understand to be successful in the field. This new edition of Trull's bestselling text covers cutting-edge trends, as well as offers enhanced coverage of culture, gender and diversity, and contemporary issues of health care. Written to inspire students thinking of pursuing careers in the field of clinical psychology, this text is a complete introduction.

## Book Information

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## Customer Reviews

Timothy J. Trull, Ph.D., is professor of psychological sciences at the University of Missouri. Dr. Trull received his Ph.D. from the University of Kentucky and completed his internship at New York Hospital Cornell Medical Center. His research interests are in the areas of diagnosis and classification of mental disorders; borderline personality disorder; substance use disorders; clinical assessment; professional issues in clinical psychology; and ambulatory assessment methods. Dr. Trull has received several awards and honors for his teaching and mentoring, including Psi Chi Professor of the Year, the Robert S. Daniels Junior Faculty Teaching Award, and most recently the MU Graduate Faculty Mentor Award. He enjoys teaching Abnormal Psychology and Introduction to

Clinical Psychology; his textbook, CLINICAL PSYCHOLOGY (Wadsworth) is used in classes across the U.S. and internationally. A licensed psychologist, Dr. Trull continues to train future clinical psychologists in the assessment, prevention, and treatment of psychological disorders.

Clinical Psychology by Timothy J. Trull is a warts-and-all perspective on the field of clinical psychology. A clinical psychologist is supposed to be an expert in personality theory and in mental health disorders, and know how to assess, diagnose, and treat mental health problems as well as do consultation and research regarding how to assess, diagnose, and treat mental health problems. I learned a lot from the textbook. I won't be able to do it justice here, but what I enjoyed learning most was about the efficacy and effectiveness of attempts to assess personality and also the efficacy and effectiveness for different therapeutic techniques as treatments for people with mental health problems. Regarding personality tests, the Minnesota Multi-Phasic Personality Inventory version 2 (MMPI-2) seems to be effective "in the prediction of personality disorder, aggression, and in the differentiation between depressed patients and substance abuse patients," and the Revised NEO-Personality Inventory (NEO-PI-R) has "been shown to provide incremental predictive ability in the assessment of personality disorder, maternal responsiveness to infants, and violence" (p. 230), and so the tests are effective for at least those measures. Regarding therapeutic techniques, cognitive-behavioral therapy and behavioral therapy come out ahead of the others, but incidentally working therapists today often regard themselves as using an eclectic technique, which allows them the possibility of using cognitive-behavioral therapy, behavioral therapy, psychodynamic therapy, or any combination of any kinds of techniques they'd like.

It's exactly what it needs to be and the information is accurate but it's so boring and difficult to understand. There's almost too much information and everyone in my class agreed that we didn't get much out of reading the text.

Book was easy to follow and very informative. Aside from having to have this for a course I took, it was very helpful and knowledgeable. It read easier than a lot of advanced text books do sometimes.

I ordered this for my clinical psych class after our professor told us this and the 8th edition are virtually the same thing, with over a \$100 difference. I bought it used for \$7 which was awesome, and it's in pretty good condition! I thought it was funny because this other kid in the class ordered a brand new one for \$60 because he wanted the info trac, and my \$7 one came with it too. Great deal

for me haha. It's a pretty good and informative book, not hard to read and easy to understand. I really like it and have gotten high B's on both the tests we've had so far. good book for class or if you just wanna learn about clinical psychology!

Has a good overview of current methodology and a good overview of specializations. I've always had a lot of 'been there, done that' with introductory textbooks for psychological disciplines but I feel this gives a lot of information useful for class and for helping to decide where to go next in a potential career.

Came in very poor condition. Book is covered in stains and the spine is falling apart.

This was required for my Intro to Clinical Psychology Class. I found it overpriced and dull. There is no color whatsoever in the book, the author is not at all engaging, and often talks down on psychiatry and the medical field.

Excellent introduction to clinical psychology. Not boring like most intro books. Read first two chapters at first sitting. Easy read, interesting, and a learning experience for me.

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